

Midd Mental Health Survey

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Not shared

* Indicates required question

Academics

To what extent do you agree with the following: It's rare for me to feel burned out after completing an assignment. *

	1	2	3	4	
Fully disagree	☐	☐	☐	☐	Fully agree

To what extent do you agree with the following: I have free time to enjoy hobbies that make me happy at Middlebury. *

	1	2	3	4	
Fully disagree	☐	☐	☐	☐	Fully agree



During the weekdays, how many hours a day do you spend doing homework? *

- ☐ 0-1
- ☐ 1-2
- ☐ 3-4
- ☐ 4-6
- ☐ 6-8
- ☐ +8

During the weekends, how many hours a day do you spend doing homework? *

- ☐ 0-1
- ☐ 1-2
- ☐ 2-3
- ☐ 3-4
- ☐ 4-6
- ☐ 6-8
- ☐ +8

To cope with academic stress, have you used unauthorized aid or plagiarized on assignments or on exams? *

- ☐ Yes
- ☐ No



To what extent do you agree with the following: My professors give out too little homework. *

	1	2	3	4	
Fully disagree	☐	☐	☐	☐	Fully agree

To what extent do you agree with the following: I feel overwhelmed with the amount of school work I receive. *

	1	2	3	4	
Fully disagree	☐	☐	☐	☐	Fully agree

Page 4 of 10

[Back](#)

[Next](#)

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